Coach Schultz’s Expectations

* Show up at practice on time, shoes laced, and ready to compete!
* Do not walk in-between drills we only have a little amount of time each day to improve skills, do not sit during drills, or gossip with your friends.
* HUSTLE, HUSTLE, HUSTLE. I cant preach this enough. I would never punish a player for working to hard.
* Attendance will be taken at all practices.
* Foul language, talking back and bad attitudes will not be tolerated.
* Absolutely no phones at practice or on the bench during games.
* NO ENTITLEMENT! Playing time is determined by skill, effort, attitude and attendance. Playing time is NOT equal for each player.
* At all times, we will play with class and sportsmanship.
  + Players will not argue or disrespect the referees in anyway.
* We encourage! We do not discourage!
  + We are only as strong as our weakest link. The girls will not yell at each other or discourage each other. WE ARE A TEAM!
  + If this type of behavior occurs during a game, the player will be pulled from the game.
  + NO DRAMA!! If you have a problem with a teammate you leave it off the floor. If it affects your play or teammates play you will lose game minutes.
* Parents will not approach the bench during or after the game. If they wish to speak to the coach, please set-up a meeting.
* If you are not contributing to the 7th grade girls’ basketball program, you will no longer be a part of the program. Players will no longer be part of the program, if:
  + If you sit out of practice 3 times without a doctor’s note or a note from the trainer.
  + 3 unexcused absences.
    - If you are sick, please have your parent email or message me through the remind system.
  + If you receive an ISS or OSS during the season.
* If you have a D or an F, playing time will be affected. We are Student Athletes. Student comes first. Playing time will be affected while the student-athlete seeks after school and before school help in the classroom or takes the extra time to do the work that will bring up the grade. Grade check is October 27 and December 5.
* Uniforms or jerseys are not to be worn to school. The girls will dress-up on Fridays before games or the day of the game for weekday games.
* Travel Releases must be completed and turned into the Athletic Director prior to game day. Without a travel release, the player will only be released to parent or legal guardian.
* First and foremost, LET’S HAVE FUN AND LET’S COMPETE!!!

Player Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_